

## Symposium Social Science 1: Community-Based Integrated Care/Public Health Program

This symposium aims to address the many challenges faced by community-dwelling older adults, such as multimorbidity, frailty, physical and/or cognitive decline, loneliness, social isolation, and other factors that affect their well-being. Recognizing the significant impact of these issues on health outcomes, we emphasize in this symposium the importance of providing comprehensive support to enable older adults to continue living in their communities. Achieving this goal requires the collaborative efforts of a multidisciplinary team of public health and medical professionals, psychologists, and dedicated community volunteers. During the symposium, three exemplary initiatives will be discussed in detail: the social prescribing intervention in healthcare settings in Singapore, the "Connecting Communities to Care" initiative in Australia, and Japan's newly launched national frailty and health check-up programs. These programs serve as potential successful models that emphasize the importance and challenges of community-based integrated care and public health interventions. By facilitating the sharing and exchange of valuable experiences and information, the symposium aims to promote fruitful collaborations among gerontologists and geriatricians from the Asia-Oceania region. The ultimate goal is to inspire the development of effective programs that improve the overall well-being and quality of life for older individuals living in their communities and to ensure they receive the necessary support to thrive and flourish.