

Social Science 13:

Exploring healthy longevity: results from the panel surveys in Asia/Oceania region

This symposium aims to depict aging trajectories of health and well-being and explore the factors that contribute to them based on three longitudinal surveys from Japan, Taiwan, and Australia, all of which have a long history of data collection. Dr. Kobayashi will focus on variations across birth cohorts as well as genders in trajectories of objective and subjective social isolation in Japan based on the National Survey of the Japanese Elderly (NSJE), and Dr. Chiu will compare two Asian countries, Taiwan and Japan, in their trajectories of loneliness after age 65 using the Taiwan Longitudinal Study on Aging (TLSA) and the NSJE. Furthermore, Dr. Byles will focus on women's health and well-being in midlife and beyond and compare women in their 70s in 1996 with those in 2020, based on the Australian Longitudinal Study on Women's Health (ALSWH). It is expected that participants of this session will find some similarities and differences in the aging process across countries, birth cohorts or historical periods, and genders.