

## **Fragility and Fractures Symposium: The Importance of secondary fracture prevention**

### **Symposium Summary:**

Nearly half of all women and twenty percent of men over 50 will suffer a fragility fracture at some point in their lives. This reduces their quality of life and ability to age healthily, in addition to increasing the burdens on our healthcare systems. Fragility fractures already cost the global healthcare system 55 trillion yen (400 billion USD) annually, estimated to double by 2050. In addition, people with osteoporosis and a previous fracture are at extremely high risk of sustaining a secondary fracture. Yet 80% of people with fragility fractures are not being diagnosed and treated with effective therapies that could reduce this risk.

During the symposium, speakers from Japan, China, Malaysia, the United Kingdom, and other countries will outline the policy changes that were implemented to improve bone health and secondary fracture prevention, the initial results from these interventions, and discuss steps that other countries can take to improve bone health and reduce secondary fractures with the implementation of fracture liaison services.

### **Symposium Speakers (in order):**

- Michael Hodin, CEO of Global Coalition on Aging, Panel Moderator
- Tadayuki Mizutani, Director, Division for the Coordination of Health Care and Long-term Care, Health Insurance Bureau, Ministry of Health, Labour and Welfare
- Takeshi Sawaguchi, President, Fragility Fracture Network Japan
- Ninie Wang, Founder CEO, Pinetree Care Group
- Khor Hui Min, Associate Professor, Department of Medicine, Faculty of Medicine, University of Malaysia
- Kassim Javaid, Lecturer in Metabolic Bone Disease, University of Oxford